

PINNACLE Team Camps

The best teams usually have excellent fellowship and unity. These camps are designed to keep the teams together while training in the summer.

Sometimes it is hard to get high school kids together for a whole week, so we have implemented 2 day camps. Teams can be between 10-20 wrestlers and we will be planning on 40-50 wrestlers per camp. You will be staying at the PINnacle facility and food will be provided. Cost is \$125 per person

PINNacle coaches Jared Lawrence and Brandon Paulson will be running these camps. Between the two of us, we have coached at the Olympic Games and NCAA Div. 1 National Championship teams. We will be working on our approach to wrestling emphasizing motion, position, philosophy of moves and of course toughness and the battle within oneself.

Camp Schedule

Day 1

Registration/arrival 8-9 AM
Practice 9-11 AM
Lunch 12:00
Practice 3-5 PM
Dinner 6 PM
Competition 7-8:30 PM

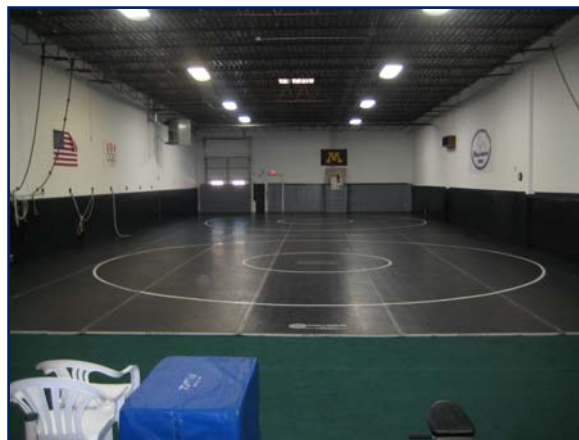
Day 2

Breakfast 8 AM
Practice 9-11 AM
Lunch 12:00
Practice 2-3 PM
Competition 3-5
Pick – Up 5:30

HS Team Camp 1
June 27-28 PINnacle Site

HS Team Camp 2
July 9-10 PINnacle Site

Youth Team Camp 3
July 11-12 PINnacle Site



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